

# PEEK AT THE WEEK

JANUARY 31, 2023



**Mission:** We expect all students to strive for "B" or better. We have support available for all students to experience academic success.

## SCHEDULING LETTER FROM COUNSELORS

Scheduling for the 2023-2024 academic year is right around the corner! [Click here](#) for more information on the upcoming parent meetings with Guidance Department.

## METROHEALTH SCHOOL HEALTH PROGRAM ENROLLMENT FORM

With the opening of the Heights Wellness Center, CH-UH students, families, and staff members can receive a variety of services including routine health care right here at the high school.

To participate in the program, parents will need to complete a [consent form](#) that will remain valid while your child attends school in the District. Learn more [here](#)

## PBIS FAMILY & STUDENT SURVEYS

Please take a minute to complete the [Parent/Family Survey](#) or the [Student Survey](#) based upon your relationship with the high school. Your input is very appreciated and helps us to make Heights High better.



**BEE**  
awesome  
and join us in the NHS  
Academic Lab!  
Every Tuesday & Thursday in 217

**The Black & Gold**  
The 4th issue of the student newspaper is out!  
Make sure to check out the latest school news.

**THE TIGER SHOP IS OPEN!!**  
**WHERE?**  
Room 124A  
**WHEN?**  
Afterschool Weds. through Fri. & by appointment  
**CHECK OUT THEIR PRODUCTS!**

# TIGER TRIUMPHS

January 23-28

## SHOUTOUT TO:

Mrs. Craig for receiving the 2023 School Social Worker of The Year Award by the Ohio School Social Work Association.

Boys Bowling for winning the LEL Championship back on Thursday, January 26.

Bryanna Chambers, Clare Dolan, Brianna Sims, Dakota Williams, Julius Okpala, and Jebria Franklin for advancing to the State Competition of HOSA.

Miyonne Alston-Bey, Amari Chandler, and London Mitchell who are State Qualifiers for DECA.

Our Tigers for winning ALL of their Senior Nights last week!



# Heights High School



## "EVERY DAY COUNTS" PSA CONTEST - DEADLINE FEB. 9

### "Every Day Counts" PSA Contest

CH-UH students PreK-12 can use their creative talents to spread the word about good school attendance!

Accepted formats: Video, TikTok, rap, song, spoken word, poem, drawing/painting

#### Criteria:

- Must positively promote on-time, daily attendance
- Should include facts about attendance (resource [here](#)) and incorporate "Every Day Counts"
- Can be submitted by an individual student or a group
- Visual or written work must fit on one page
- Videos must not exceed 1 minute 30 seconds

#### How to submit:

- Email submissions to [info@chuh.org](mailto:info@chuh.org)
- For works that cannot be sent electronically, deliver to the Board of Education (2155 Miramar Boulevard, University Heights OH 44118) care of Communications
- Include your name, school and grade level with your submission

Staff can participate, too! Follow the same instructions and criteria. Staff prizes are to-be-announced and will come from Superintendent Kirby.



#### Deadline for Submissions:

February 9, 2023  
4:30 p.m.

A winner will be selected from grade levels PK-5, 6-8, & 9-12. Each winner will receive a \$50 cash prize courtesy the Heights Schools Foundation.

Calling all Heights High students:

Interested in using your creative talents to spread the word about good school attendance while also getting the opportunity to win a **\$50 cash prize**?

Then consider creating a video, TikTok, rap, song, spoken word, poem, drawing or painting for the CH-UH "Every Day Counts" Public Service Announcement Contest!

Entries must positively promote on-time daily attendance and should include facts about attendance as well as incorporate "Every Day Counts."

Entries can be submitted by an individual student or by a group.

Visual or written works must fit on one page and videos must not exceed 1 minute 30 seconds.

Entries must be submitted electronically by **February 9, at 4:30 p.m.** to [info@chuh.org](mailto:info@chuh.org) and should include your name, school, and grade level.

Works that cannot be sent electronically must be delivered to the Board of Education (2155 Miramar Boulevard, University Heights OH 44118) care of Communications.

Staff can participate too and should follow the same instructions and criteria!

We look forward to all of the creative ways you will spread the word about good school attendance!

# FAMILY ENGAGEMENT PARTNERSHIP FAIR - FEB. 11

Meet some of CH-UH's partners in the community and learn more about how the impact they can make on your child's CH-UH career at the Partnership Fair!

The fair will take place in the Cleveland Heights Community Center on Saturday, **February 11** from 1:00 - 3:00 p.m.

Please register [here](#).

Any questions? Please email:  
Esyla Wright at [es\\_wright@chuh.org](mailto:es_wright@chuh.org)  
Jasmine Arnold at [j\\_arnold@chuh.org](mailto:j_arnold@chuh.org)  
Steve Walker at [s\\_walker@chuh.org](mailto:s_walker@chuh.org)



The poster for the Partnership Fair features a yellow and black color scheme. On the left, a vertical banner reads 'Heights TRIO T.A.S.S.E.L. College Now GEAR UP'. The main text includes the Cleveland Heights University School District logo with the tagline '#OneTigerNation', the event title 'PARTNERSHIP FAIR', and a QR code with a 'REGISTER' button. The event details are: 'February 11, 2023 @ 1pm until 3pm Cleveland Heights Community Center 1 Monticello Blvd, Cleveland, OH 44118'. Contact information for Esyla Wright, Jasmine Arnold, and Steve Walker is provided. Logos for 'College Now' and 'Open Doors Academy' are also present. A note at the bottom states '\*\*Food and Games will be provided\*\*'.

## HEIGHTS HIGH PTSA FIRST FRIDAY LUNCH WITH THE CAVS - FEB. 3

### FIRST FRIDAYS

LUNCH IS ON US 5TH PERIOD!!  
SPONSORED BY HEIGHTS HIGH PTSA  
ON FEBRUARY 3, 2023!



#### HOW IT WORKS:

- SIGN UP
- THE CHOSEN LUNCH PERIOD IS ANNOUNCED
- FIRST 20 STUDENTS FROM THE CHOSEN LUNCH PERIOD JOINS US

SCAN THE QR CODE AND SIGN UP!



Heights High students, have lunch this Friday, February 3 on the Heights High PTSA in the gym during 5th period!

The reason? They plan to host it this time with the CAVS and will also provide board games, card games and more...

The PTSA will be at Heights High during 5th period lunch to help students sign up.

**Sign up here!**

The sign up is on a first come, first serve basis. So sign up TODAY!!!

# "WHO WE ARE" VIEWING AND DISCUSSION SERIES - FEB. 9, 16, 23 & MAR. 2

T.A.S.S.E.L. will be hosting a viewing and discussion series of Jeffrey Robinson's acclaimed 2021 documentary "Who We Are: A Chronicle of Racism in America" for Heights High students over the course of Black History Month.

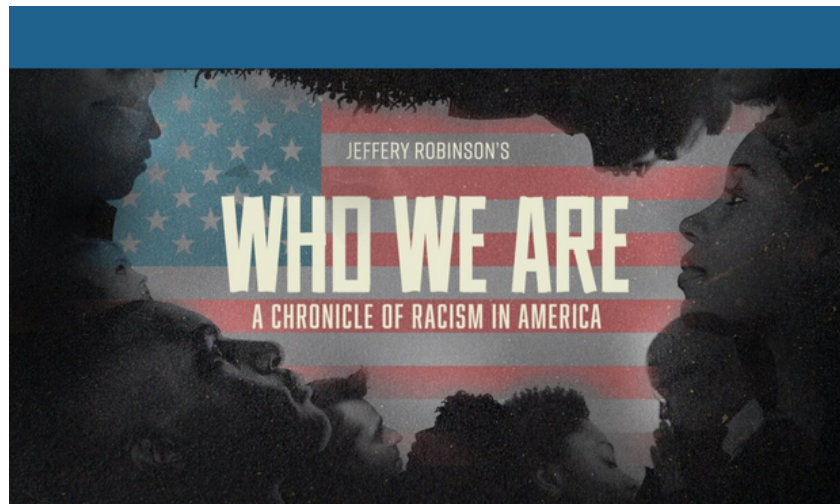
Students will learn about the history of U.S. anti-Black racism, discuss the enduring legacy of white supremacy, and discuss our collective responsibility to overcome it.

The documentary viewing and discussion series will take place in the Heights High Mini Auditorium from 3:30-5:30 p.m. on February 9, 16, 23 and March 2.

Students who complete the course can earn a 0.5 credit towards Social Studies or English/Language Arts.

Only 20 spots are available so please sign up now.

For more information please see Mr. Walker, Dr. Towns or your guidance counselor.



## T.A.S.S.E.L. Viewing & Discussion Series

**FEBRUARY 9, 16, 23 & MARCH 2**

**3:30-5:30 PM**

**CHHS MINI AUDITORIUM**

*Learn about the history of U.S. anti-Black racism, discuss the enduring legacy of white supremacy and discuss our collective responsibility to overcome it.*

***Students can earn 0.5 credit for Social Studies or English***

*See your counselor to sign up*

# CAREER TECH SPOTLIGHT

Heights Career Tech offers courses through a five-district consortium, which includes Bedford, Cleveland Heights, Maple Heights, Shaker Heights, and Warrensville Heights High Schools.

The 22 academic programs are open to 11th and 12th graders who have the opportunity to earn professional certifications, industry-recognized credentials, and college credit.



This Week's Featured Program:

## Clinical Health Careers



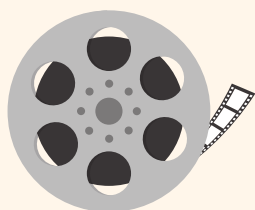
Do you enjoy helping people? Are you fascinated by the workings of the human body?

Then consider signing up for the Clinical Health Careers program!

Students in this program will learn through a Basic Health Care Curriculum which encompasses four main points. 1) For students to Master 60 labs and patient care skills. 2) Explore a variety of health careers through field trips, guest speakers, & real-world clinical experiences. 3) To help students develop a solid foundation for college. 4) To qualify for good-paying, entry level jobs in the exciting, high demand field of health care!



Click on the film reel for a video from students about their experiences in the program!



### PROFESSIONAL PATHWAY

STNA/Patient Care Technician

Nurse, Nurse Practitioner

Physician, Physician Assistant

Psychologist, Social Worker

Dentist, Dental Assistant, Dental Hygienist

EMT/Paramedic

Ultrasound, Radiology, Surgical Technician

Veterinarian, Veterinary Technician

### COLLEGE CREDIT OPPORTUNITIES

7 transferable college credits

### INDUSTRY CREDENTIALS

State Tested Nursing Assistant

American Heart BLS - CPR & AED

American Red Cross First Aid

### TWO YEAR PROGRAM:

Grade 11:

\* Health Science Technology

\* Medical Terminology

Grade 12:

\* Patient Centered Care

\* Mental Health

### INSTRUCTOR:

Nancy Ballou, R.N.

Bachelor of Science in Nursing

Master of Education

[N\\_Ballou@chuh.org](mailto:N_Ballou@chuh.org)

To learn more about the Clinical Health Careers program or any of the other Heights Career Tech programs, click on the icons below.



Heights  
Career Tech



# SENIOR INFORMATION PAGE

Patrick Fisher, Senior Advisor  
p\_fisher@chuh.org

Karen Kastor, Senior Advisor  
k\_kastor@chuh.org

## ORDER Get ready for Graduation!

It's time to prepare for graduation! You must place the order for your cap and gown. Order today at [www.jostens.com](http://www.jostens.com) or call 880-567-8367 to order only the cap and gown for \$47. Information for additional graduation packages, class rings, and letter jackets can be found here.

**Commencement will take place on at 6 p.m. on Wednesday, May 31, 2023**  
at the CSU Wolstein Center, 2000 Prospect Avenue E, Cleveland OH, 44115.

## ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a senior checklist for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

## UPDATE Senior Class Page & Remind

Make sure to check the Class of 2023 page on the district website throughout the year for regular updates and important information!

Parents, stay up to date on important Senior dates, events and announcements by texting code **@chuh23** to **81010**

## PREPARE College Career Readiness

Look below for more information on opportunities for seniors and their families to get help with navigating the financial aid and application process.

### Heights Community Scholarship Application:

The Heights Community Scholarship application is officially open in Google Classroom. Seniors are invited to begin the application process for the scholarships by submitting an official Heights Community Scholarship Application. The Google Classroom code is **ggamn4u**. Applications are **due by February 6, 2023**.

Any questions please see Mrs. McEwen in room 132

Seniors please check Naviance for additional scholarship information.

Seniors, Mrs. McEwen and College now is still helping students in the **media center on Wednesdays** during the **lunch periods**. If you need help with scholarships, filling out the FAFSA and college applications please come for assistance. We look forward to seeing you!

*High School 2 the Future!*

**Freshman  
Checklist**

**Sophomore  
Checklist**

**Junior  
Checklist**

# STAY INFORMED!

LOOKING  
AHEAD:

State of Our  
Schools Address  
2/1

Heights Community  
Scholarship  
Application Due  
2/6

IMD Midwinter  
Concerts  
2/15 & 2/16



[CHUH.ORG](http://CHUH.ORG) - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.

## DATA DIVE

Attendance Data -

9th Grade - 83.48%    11th Grade - 87.86%  
10th Grade - 87.79%    12th Grade - 86.59%

**GOAL - 90%**

### Referral Data - Month of December

9 staff members wrote  
27 positive referrals for  
27 students, resulting in  
**11%** of all referrals that were  
positive

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51 staff members wrote  
244 discipline referrals for  
329 students

### Top 3 Infractions:

Unexcused Class Absences -Truancy  
**34** referrals for **170** students

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Out of Assigned Area - Other  
**48** referrals for **56** students

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Out of Assigned Area - Tardy to class  
**29** referrals for **49** students

## PBIS FOCUS: PERSEVERANCE



When each one of us shows determination despite difficulty, we collectively make our world a better place. During the month of February, let's consciously make an effort to complete a task that takes some energy. I mean cognitive energy, brain energy. Work harder for your grades. Score higher on your assessments. Study every night for each class. I repeat, study every night for each class. Are you up to the challenge, Heights High?

Check out this [video!](#)

## SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Full facial masks are no longer permitted at Heights High School. A full facial mask is one where we can see only your eyes. If you need a mask to cover your nose and mouth, please seek one in your cohort office.

Sunglasses are not permitted to be worn in the building.

